

PREPARING
FOR
YOUR SURGERY
AT THE
JULES STEIN EYE INSTITUTE

*Please review this
brochure prior to
your surgery*



For Our Patients:

This brochure lets you know what you need to do before your surgery, how to locate your presurgical appointments, and what to expect the day of your surgery. To ensure that your scheduled surgery with us proceeds as smoothly as possible, we recommend that you read through the entire brochure. If you have any questions, please contact your surgeon's office immediately.

BEFORE YOUR SURGERY

It is important to ensure that you are medically fit to undergo surgery and that there has been no change in your health status that would necessitate any special medical precautions at the time of surgery.

History and Physical

Within one month of your surgery, you will need to have a complete history and physical examination performed by your internist, primary (family) physician, or medical specialist, if you are under that doctor's care. Your surgeon's staff will give you a packet with preoperative (pre-op) paperwork to take to this appointment. Completion of this paperwork is very important; without it, the surgery cannot proceed.

Your completed pre-op paperwork must be faxed to your surgeon's office no later than one week (5 business days) before your surgery. It is important that your surgeon's staff receive it promptly, so they can make your preanesthesia arrangements.

Preanesthesia

After receiving your pre-op paperwork, a nurse from the Jules Stein Eye Institute's surgery staff will call you to review your medical information. The nurse will inform you if it is necessary to come to the Institute for a preanesthesia appointment. If you have other pre-op appointments (e.g., a lens calculation appointment for cataract surgery) at the Jules Stein Eye Institute, these will be scheduled by your surgeon's staff.

Consent Form

You will need to sign a UCLA consent form prior to your surgery. These forms are usually presented to patients for signature during a presurgical consultation with their surgeons.

Medications

Your surgeon will review the admission medication history form included in the pre-op paperwork that you completed. In most cases, your surgeon will ask you not to take any aspirin, aspirin-containing products, or nonsteroidal anti-inflammatory agents (e.g., Advil, Motrin) during the week before your surgery. Please inform your surgeon if such medications have been prescribed for you by another physician. If you are diabetic, make sure you know if you should take your medications on the day of surgery.

Insurance Preauthorization and Billing Issues

Certain insurance companies require preauthorization for surgery. Your doctor's office will gladly assist you in providing your insurance company with all the information it needs. However, it is your

responsibility to understand how your insurance company works and what services are covered.

Although the anesthesiologist will assist your doctor in performing the surgery, he or she is a separate specialist working as a member of the Department of Anesthesiology. As a result, you and/or your insurance company will receive a bill from the anesthesia service in addition to the bills from your doctor and from UCLA Medical Center. If you have questions about the anesthesia bill, you may contact their billing office in advance at (310) 267-8694.

Transportation

Make firm arrangements with a responsible adult (friend or family member) to bring you to the Jules Stein Eye Institute, wait, and take you home after your surgery. This companion **must** accompany you to your surgery check-in, otherwise the operating room staff will not allow you to check in. If you are taking a taxi, your companion must accompany you in the taxi, check in with you, and accompany you home. Pediatric cases require two adults riding in the same vehicle as the child.

THE DAY BEFORE YOUR SURGERY

Arrival Time

On the last working day before your surgery, a nurse from the Jules Stein surgery staff will call you between 2 p.m. and 5 p.m. You will receive specific instructions, as well as your arrival time for the day of surgery. Note: it is hospital policy that you must arrive at Jules Stein an hour and a half prior to the scheduled start of your surgery. If you have any questions, please call the Jules Stein pre-op phone line at (310) 825-8421.

Illness

If you become ill before your surgery, please contact your surgeon to reschedule.

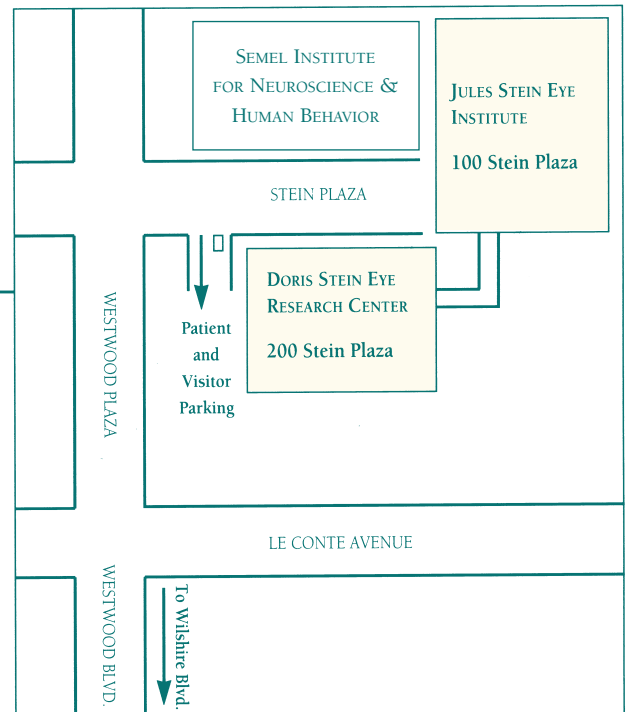
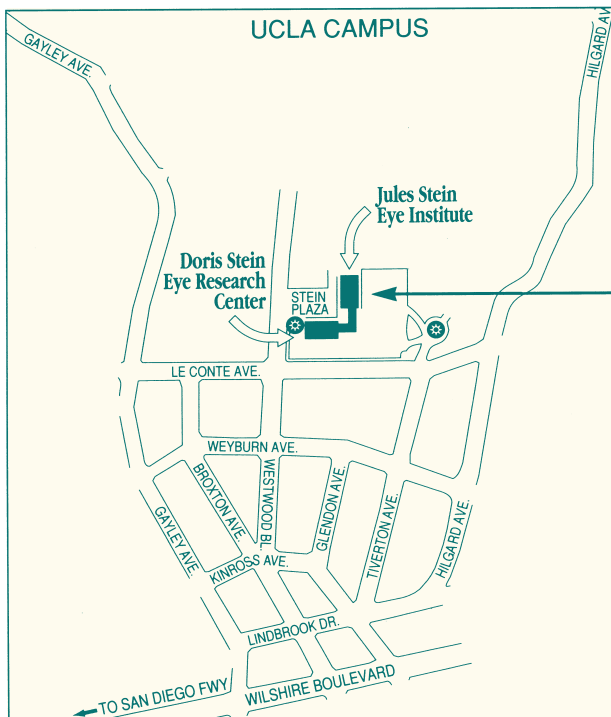
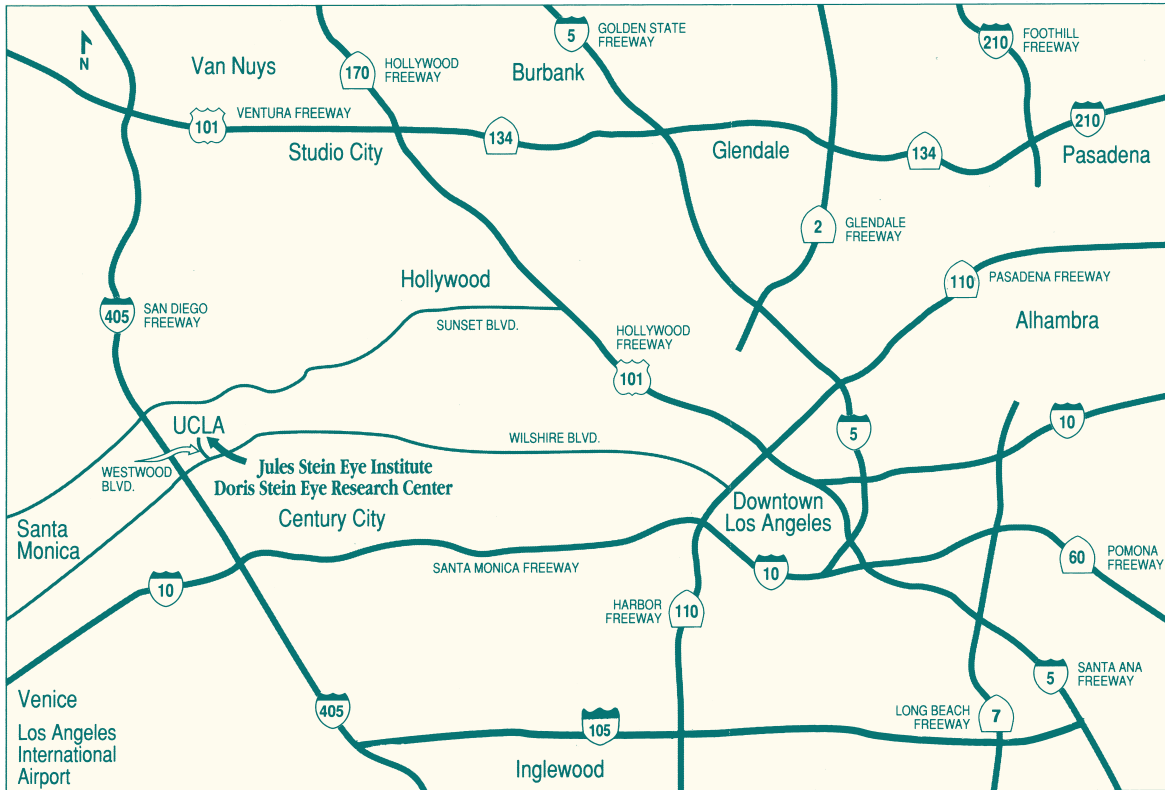
Food and Drink before Surgery

Remember: Do not **eat** or **chew** anything after midnight the night before your surgery. You may have up to 8 oz. of clear liquids (apple juice or water only) up until 3 hours prior to your scheduled surgery time.

THE DAY OF YOUR SURGERY

- At the scheduled arrival time, you and your companion should report to room A-231, on the A-level of the Jules Stein building.
- Bring any medications, including eye drops, in the bag given to you by your surgeon.
- Bring your UCLA registration number.
- Bring your insurance and/or Medicare cards.
- Remove cell phones from your pockets before arriving at the hospital.
- Dress comfortably. Do not wear jewelry, make-up or perfume.
- Since there are no storage facilities, do not bring any valuables with you other than \$20 in cash or a check to pay for any medications you may take home.

FREWAY AND
LOCAL ACCESS
MAPS TO THE
JULES STEIN EYE
INSTITUTE
AND THE
DORIS STEIN
EYE RESEARCH
CENTER



ARRIVING FOR YOUR SURGERY

Directions to the Institute

Conveniently located within UCLA at the corner of Westwood Boulevard and Le Conte Avenue, the Jules Stein Eye Institute is easily accessible from all points in Southern California. It is approximately 15 miles from the Los Angeles International Airport.

San Diego Freeway (405)

Take the Wilshire Boulevard off ramp east (toward Westwood Boulevard). Turn left onto Westwood Boulevard from Wilshire. After crossing Le Conte Avenue, turn right onto Stein Plaza.

From Los Angeles International Airport (LAX)

Take the San Diego Freeway northbound to Wilshire Boulevard east, and continue as described above. Buses Culver City # 6 and Santa Monica # 3 run from the LAX Transit Center to UCLA. The following shuttle and taxi services are also available:

Prime Time, (800) 733-8267; and
Super Shuttle, (800) 258-3826.

Beverly Hills Cab Company, (800) 273-6611;
LA Yellow Cab, (877) 733-3305; and
Metro Cab Company (310) 434-1999.

Parking Instructions

Parking is available at the Jules Stein Eye Institute for an \$11 fee. The Institute's parking area is located immediately to the right (adjacent to the Doris Stein Eye Research Center) as you turn onto Stein Plaza. The Institute's parking booth operates from 6 a.m. to 5 p.m., Monday-Friday, and is

unattended on weekends. If the booth is unattended, please proceed to the Westwood Plaza parking booth, 1/2 mile north on Westwood Plaza, where Strathmore Drive crosses.

The Westwood Plaza parking booth is open from 6 a.m. to 9 p.m., 7 days a week. The attendant will collect the parking fee and provide you with the necessary parking permit and entry card. Return to the Institute and park your car in the designated area for patients.

APPOINTMENTS AND SURGERY LOCATIONS

The Institute consists of two adjacent buildings: the Jules Stein Eye Institute at 100 Stein Plaza and the Doris Stein Eye Research Center at 200 Stein Plaza. Ophthalmologists at the Institute see patients in both buildings. Your surgery will take place in the Jules Stein building at 100 Stein Plaza. (Please see the photograph below.)



LODGINGS NEAR THE INSTITUTE

The following hotels are located reasonably close to the Institute. Some offer discounts and/or complimentary shuttle service for Jules Stein Eye Institute patients. Please contact the hotel directly to inquire about rates and make reservations.

Hilgard House

(310) 208-3945 and (800) 826-3934

Hotel Angeleno Los Angeles

(310) 476-6411 and (866) ANGELENO

Hotel Palomar

(310) 475-8711 and (800) KIMPTON

Luxe Hotel Bel Air (luxury accommodations)

(310) 476-6571 and (800) HOTEL411

UCLA Guest House

(310) 825-2923

UCLA Tiverton House

(310) 794-0151

W Los Angeles Hotel (luxury accommodations)

(310) 208-8765

Links to local accommodations may be found through our website at www.jsei.org.

YOUR APPOINTMENTS

Pre-op Appointment with your Internist

Please schedule an appointment to see your internist, Dr. _____
not before _____
but no later than _____

Preanesthesia, 310-825-8421

Date: _____ Time: _____

Place: Jules Stein building, A-level, room A-231

Please allow approximately 30-45 minutes.

The paperwork from your internist *must* be complete for this appointment.

Pre-op Appointment with your Surgeon

Date: _____ Time: _____

Place: Dr. _____'s office

Lens Calculation (for Cataract Surgery)

Date: _____ Time: _____

Place: Jules Stein building, third floor, room 3-130

Please allow approximately 30-45 minutes.

Contact lens wearers: Do not wear either of your contact lenses for the specified amount of time prior to your lens calculation appointment:

Soft lenses - 3 days, Hard lenses - 3 weeks and

Gas permeable lenses - 3 weeks.

Surgery

Date: _____ Time: _____

Place: Jules Stein building. Please report to the A-level, room A-231. Your arrival time will be established when you receive a call from the operating room between 2 p.m. and 5 p.m. on the last working day before your surgery. For additional questions, the pre-op phone line is (310) 825-8421.

OTHER APPOINTMENTS

Date: _____ Time: _____

Place: _____

Date: _____ Time: _____

Place: _____

Date: _____ Time: _____

Place: _____

Date: _____ Time: _____

Place: _____

NOTES

If you would like additional information about the Jules Stein Eye Institute's faculty and services or about specific ophthalmic diseases and disorders, please visit our website at www.jsei.org, or call 310-825-5000.

Thank you for choosing us as your partner in eye care.